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**Kotan Method**®  
Peace, Power & Productivity

## Warrior Weekend

Quote:

*“Often people attempt to live their lives backwards, they try to have more things, or more money, in order to do more of what they want, so they will be happier. The way it actually works is the reverse. You must first be who you really are, then do what you need to do, in order to have what you want” – Margaret Young*

Stop...And Imagine!

Stop for a moment and imagine what would happen...

**“If you Could Program Your Life For Health, Happiness and Success?” ...**

- Achieve Business and Career Goals
- Change Your Financial Future
- Create Successful Relationships
- Develop a Winning Attitude
- Define What You Really Want in Life
- Attract the Right Love Relationship
- Eliminate Bad Habits
- Accelerate Healing
- Awaken to Your Higher Consciousness
- Become The Person You Want To Be . . .

**Now You Can . . .**

### Do The Things You Always Wanted To Do!

What would you like to achieve in your life? Is there something you've always wanted to do in your life, but for some reason or another, have never been able to materialize? If you could do anything you wanted, what would you do?

Quote:

*“You must go after your wish. As soon as you start to pursue a goal or dream, you life wakes up an everything has meaning” – Barbara Sher*

### Create what you want in your life

What do you want in your life? If you could have anything at all, what would you want? What do you want emotionally, socially, financially, mentally and spiritually?

This 2 day seminar shows you specifically how to choose what is important to you and how to have those things that you desire. This powerful process has a successful and proven track record.



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## Make changes in your life quickly and easily.

Nobody is perfect. We have all things we need to change. What would you like to change? How would you like things to be different?

This seminar gives you the power to make personal changes, quickly and easily. You can change your life and yourself easily and effortlessly. It can be painless. It doesn't have to take months or years. It can take weeks, or days, or no time at all!

**Cost: \$595**

**Call or email for more information**

Quote:

*"The secret to success is consistency of purpose, readiness for responsibility and the taking of action. Knowing not thinking, doing not trying achieves dreams"*

*– Paul Mracek*

Best regards,

Paul Mracek  
Master Coach & Practitioner,  
Kotan Method, NLP, TLT, Hypnosis  
CPEng. FAIM, GAICD